

# 2004 Diabetes Statewide and BRFSS Regional Fact Sheets

Using 2003 data



## Central Behavioral Risk Factor Surveillance Survey (BRFSS) Region

	Central BRFSS Region Rate	State Rate
<b>M</b> ortality <sup>1*</sup>		
Diabetes as the underlying cause of death	29.4/100,000	26.9/100,000
<b>H</b> ospitalization <sup>1*</sup>		
Diabetes (based on inpatient hospital discharges)	14.2/10,000 <sup>L</sup>	16.9/10,000
Preventable Hospitalizations from diabetes among those less than 65 years old (based on acute care hospital discharges)	6.9/10,000 <sup>L</sup>	8.7/10,000
<b>E</b> mergency Room Visits <sup>1*</sup>		
Primary Diagnosis	1.1/1,000 <sup>L</sup>	1.5/1,000
<b>P</b> revalence of Diabetes <sup>2†</sup>		
Total	6.4%	6.9%
Race/ethnicity		
White Non-Hispanic	6.1%	6.8%
Black Non-Hispanic	##	6.8%
Other Non-Hispanic	##	8.3%
Hispanic	##	11.6%
Age		
18-24	##	.30%
25-34	1.2%	1.3%
35-44	3.4%	3.6%
45-54	8.9%	7.1%
55-64	11.6%	12.9%
65-74	18.1%	15.8%
75+	10.7%	15.6%
Annual Household Income		
<\$15,000	14.9%	13.5%
\$15,000-24,999	7.9%	9.1%
\$25,000-49,999	4.4%	6.0%
>\$50,000	4.3%	4.0%
Employment Status		
Employed	3.5%	4.1%
Unemployed	##	1.8%
Other	3.4%	2.9%
Retired	17.6%	16.2%
Disabled	##	21.5%

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	Central BRFSS Region Prevalence	State Prevalence
<b>P</b> revalence of Diabetes Continued <sup>2†</sup>		
Educational Attainment		
<High School	13.0%	11.3%
High School Graduate	6.7%	7.3%
Some College or Technical School	5.3%	6.5%
College or Technical School Graduate	4.0%	4.9%
<b>P</b> reventive Care Practices among people with physician diagnosed diabetes <sup>2†</sup>		
At least 1 Physician Visit for Diabetes in the last year	##	90.2%
A1C test: 2 or more times in last year	##	77.5%
Annual Eye exam	##	67.2%
Annual Foot Exam by a Health Care Professional	##	75.1%
Diabetes education: ever	##	54.5%
Annual Flu Immunization	##	60.2%
Pneumonia Immunization	##	51.0%
<b>R</b> isk Factors for complications among those with physician diagnosed diabetes <sup>2†</sup>		
Overweight (BMI 25 to <30)	##	40.4%
Obese (BMI 30+)	##	44.0%
Physical Inactivity (no physical activity)	##	60.1%

■ indicates that the rate is not significantly above or below state prevalence or rate

■<sub>H</sub> indicates that the rate is significantly above the state prevalence or rate

■<sub>L</sub> indicates that the rate is significantly below the state prevalence or rate

\*Rates are age adjusted to the 2000 U.S. standard population

† Respondents are 18 years of age or older with physician diagnosed diabetes

## Prevalence information not available (insufficient sample size to generate statistics)

<sup>1</sup> Missouri Information for Community Assessment. (2005). <http://www.dhss.mo.gov/MICA/>. Retrieved August 3, 2005.

<sup>2</sup> 2003 Missouri Behavioral Risk Factor Surveillance System. Office of Surveillance, Evaluation, Planning, and Health Information. Division of Community and Public Health, Missouri Department of Health and Senior Services.



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